

Dear Valued Clients,

Thank you for choosing our testing service.

Please read the following information carefully, sign and fill out the testing consent and return to HK BioTek Ltd. along with the requsition form and sample(s).

Points to note before Blood test on antibodies:

- It is not required to fast prior testing, while it is crucial to maintain the usual dietary habits, consume a variety of food where possible. Testing IgG or IgA reflects the delayed reactions to foods that consumed in the past 3 months, while testing IgE reflects the immediate reactions to foods that consumed in the past 48 hours. In order to reduce the risk of fatality, it is strongly advised to avoid any foods that may cause potential adverse reactions or anaphylaxis prior testing.
- Immunosuppressive drugs, such as oral and intravenous corticosteroids (e.g. prednisone, beclomethasone, fluticasone, triamcinolone) may affect the test results. It is suggested to abstain from these medications for 3 weeks before taking sample. For clients who need regular medications, please consult your doctor before taking the test.
- Test client who has been suffering from bleeding disorders (e.g. coagulation factor deficient, Von Willebrand disease or hemophilia) is not suggested to take this test. It is at healthcare professional's discretion based on the test client's medical history.

Points to note before Urine test:

- Any specimen taken during menstruation or been contaminated will be rejected.
- Please make sure the urine strips are fully dried before submission. Any wet or moldy specimen will be rejected.
- Please avoid the consumption of liquid food the day prior testing as it may affect the quality of specimen.
- Certain foods (e.g. fruit and preserved food) and drugs (e.g. antidepressant medication) will interfere the test result, please refer to the specimen collection instruction for more details. For clients who need regular medications, please consult your doctor before taking the test.
- The urine assessment profile is a snap shot of the test client's metabolic status and it is not for diagnostic pruposes.

Other points to note:

- Test client will be required to re-submit specimen if the submitted specimen does not meet the required testing standard, or unexpected situations occur during transportation. There is no extra charge for resubmission. HK BioTek Ltd. is not liable to any parties for any monetary damages or compensations involved in sampling, collection and testing process.
- The test results and the supplementary information are for personal health reference only, which could not be used for medical diagnosis and/or treatment. HK BioTek Ltd. is not responsible and liable for any misuse or misinterpretation of the information provided.
- HK BioTek Ltd. commits in protecting the privacy of the test client. All the collected information is for internal use only. The test results may be used for research, training or educational purposes anonymously.

Testing Consent	
 Test client (Name of Test Client) / centre staff has raware that US BioTek Laboratories or other laboratories condu The test client has given voluntary consent to the collection understands that test results are for personal health refere diagnosis and/or treatment. HK BioTek Ltd. is not responsible specimen collection or report misinterpretation. *Please sign below if you agree the above terms. 	cts the test. on of specimens. The test client / centre staff nce only, which could not be used for medical
Name of Test Client / Name of Centre	Tel
Signature / Centre Stamp	Date YYYY / MM / DD



親愛的測試者:

多謝您選用 HK BioTek Ltd. 的測試服務。

請詳細閱讀以下須知事項,簽署並填妥此測試同意書,連同測試表格及樣本一併交回 HK BioTek Ltd. 辦事處。

進行血液抗體測試前須知事項:

- 測試前無需空腹或戒口,最好保持原有的飲食習慣,盡可能進食不同種類的食物。延遲性測試能反映您在過去 三個月內的延遲性反應;而即時性測試則反映過去四十八小時內引發的即時性反應。為免引發嚴重的反應,您 應避免再次進食或接觸曾引發嚴重或休克性過敏反應的食物或吸入物質。
- 免疫抑制藥物,如口服或注射式類固醇藥物(prednisone、beclomethasone、fluticasone、triamcinolone等)可能會影響測試結果,建議停藥三星期後才進行測試。如您需長期服用此類藥物,進行測試前請諮詢醫生的意見。
- 如健康顧問或醫生根據病歷判斷出測試者的身體缺乏凝血因子(如:患有血友病),或測試者曾有止血困難的 狀況,應停止進行測試。

進行尿液測試前須知事項:

- 若尿液樣本在月經期間採集或受到污染,樣本將不被接納。
- 搋交樣本前,請確保收集條已完全風乾。未乾或發霉的樣本將不被接納。
- 如採集樣本前一天攝入大量流質食物,有機會影響樣本的質量,採樣前請嘗試避免攝入此類食物。
- 某些食物(如:水果及罐頭食物)和藥物(如:抗抑鬱藥物)會影響測試結果。詳情請參閱樣本採集指引。如您需長期服用此類藥物,進行測試前請諮詢醫生的意見。
- 尿液測試能量度測試者短期的新陳代謝狀況,惟不能作醫學診斷或治療之用。

其他須知事項:

- · 當化驗所發現樣本未符合測試所需之標準,或樣本在運輸過程中出現意外,測試者需要重新遞交樣本,無需繳 交額外費用。HK BioTek Ltd. 不會就採集樣本或測試過程所引起的問題作出任何賠償。
- 測試結果及相關資訊只作個人健康參考用途,並非作醫學診斷或治療之用。而測試結果亦不可取代任何專業的醫療意見。HK BioTek Ltd. 不會就任何誤用或誤解測試結果的情況負上任何責任。
- HK BioTek Ltd. 致力保障測試者的個人私隱,所有收集的資料只作內部用途。此外,測試結果會以不記名的方式用作研究、訓練或教學用途。

測試同意書

測試者簽署 / 診所蓋章

的事項。而測試者 / 診所職員亦知 · 測試者以自願性質採集樣本,而深	/ 参所職員已經詳細閱讀上述內容,並完全了解測試前需要注意 日悉所有的化驗將會在US BioTek Laboratories 或其他化驗所進行。 則試者 / 診所職員都清楚明白此測試結果乃為個人健康參考用途,並非 者 / 診所職員同意整個採集樣本過程可能引起的個別情況,以及報告詮 無關。
*如同意上述兩項・請於此同意書上簽署可	蓋章。
測試者姓名 / 診所或中心名稱	

日期