

食物敏感測試



HK BioTek

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食物反應的類型和媒介



	即時反應 [過敏]	延遲反應 [敏感]
原因	免疫系統把日常無害的物質誤作成致敏原而激發一系列過度的反應，產生和釋放抗體作防禦，引起各種炎症。	
媒介	E 抗體	G 抗體
反應	症狀在數分鐘至兩小時內出現	症狀在數小時至數天內出現
症狀	反應時間較短，症狀顯著 → 容易追溯接觸過的致敏原	症狀較持久及不明顯 → 難於追溯致敏原

您知道嗎？



45% 的人口
對食物有著延遲敏感反應¹

¹ 資料由 Allergy UK 提供 (一個英國醫療慈善機構，致力幫助食物敏感患者)



食物敏感常見症狀

	濕疹、暗瘡、蕁麻疹、毛囊發炎、皮膚乾燥、膚色蒼白、指甲和頭髮容易斷裂
	經常性腹瀉、嘔吐、腹脹、腸胃敏感、便秘、胃氣
	耳朵發脹、耳鳴、視力模糊、經常淚汪汪、眼睛/耳朵發癢、鼻敏感、鼻水
	焦慮、學習障礙、過度活躍、自閉、憂鬱、厭食、食慾異常旺盛
	肌肉疼痛、關節痛、關節炎、全身虛弱
	偏頭痛、心悸、高/低血壓、心絞痛、心律失常、黑眼圈
	經常感冒、長期疲勞、頭暈、失眠、體重經常上下波動、過重、水腫



如您在過去30天內持續出現超過2個症狀
食物敏感可能就是罪魁禍首！



食物敏感測試

運用尖端的實驗室技術，可從小量的血液樣本中準確地量度出您的免疫系統對不同食物所產生的抗體數量，找出您需避免的食物。

- ✓ 自2003年起，獲超過400名醫療保健人員信任
- ✓ 報告內附補充資料，中英兼備，簡單易明
- ✓ 與世界知名的化驗所合作，提供準確率逾85%的技術

美國化驗所

- ★ 即時性IgE抗體檢測均在美國FDA認可之自動化系統進行
- ★ 延遲性IgG抗體檢測均會進行重複測試，確保結果準確

德國化驗所

- ★ 獲EN ISO 13485認證，是最科學化的質量管理保證
- ★ 擁有專業的科研團隊，採用自行研發的試劑

我們的測試如何幫助您？

	症狀	測試後
楊小朋友 5歲	嚴重濕疹 經常感冒 經常發高燒 中耳發炎	戒除致敏食物， 補充適量益生菌和脂肪酸 兩個月後 → 皮膚困擾得以解決， 感冒較易斷尾 三個月後 → 耳炎問題大大改善， 發燒沒有以往嚴重 六個月後 → 中耳炎沒有再復發， 發燒次數明顯減少
Chloe 17歲	自小患濕疹 皮膚乾燥發癢 暗瘡	戒除致敏食物， 症狀明顯減少 四個月後 → 皮膚問題顯著改善
黃先生 30歲	自小經常腹瀉， 做過多種檢查， 仍找不到具體原因	戒除致敏食物後， 一個月後 → 腹瀉問題不再出現

*以上是多位健康顧問或醫生採用過我們的食物敏感測試後，感謝我們準確的測試方法而提供的真實個案。想進一步了解食物敏感測試，請瀏覽我們的網頁。



*本測試並非診斷性的測試，亦不能取代任何醫生的診斷及治療。

Food Sensitivity Test



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Types of food reactions



	Immediate Onset [Allergies]	Delayed Onset [Sensitivities]
Cause	Immune system mistakenly take common substances as invaders and give rise to a series of reactions.	
Mediators	IgE antibodies	IgG antibodies
Reaction	Within minutes	Take hours or days to surface
Symptoms	React quickly & apparent → Easy to trace the culprits	Long-lasting & subtle → Hard to trace the offending foods

Do you Know?



45% of the population suffers from delayed food reaction¹

¹ Estimated by Allergy UK, a British medical charity devoted to helping food sensitivity sufferers.



Food Sensitivity Symptoms

	Eczema, Acnes, Urticaria, Folliculitis, Dry skin, Paleness, Brittle nails or hair
	Frequent diarrhea, Vomiting, Bloating, Irritable bowel, Constipation, Gas
	Ear inflammation, Chronic sinusitis, Blurred vision, Watery eyes, Itchy eyes or ears, Hay fever, Runny nose
	Anxiety, Learning disabilities, Hyperactivity, Autism, Depression, Poor appetite, Food cravings
	Joint Pain, Arthritis, Muscle aches, General weakness
	Migraines, Palpitation, Hyper/Hypotension, Angina, Arrhythmia, Dark circles under eyes
	Recurring cold, Chronic fatigue, Giddiness, Insomnia, Weight fluctuation, Overweight, Water retention



If you have 2+ symptoms persistently in the past 30 days, Food sensitivity might be the culprits!



Food Sensitivity Test

By using the advanced lab technologies, with just a small amount of blood provides you a comprehensive set of data on foods that you are suggested to avoid from the diet.

- ✓ Trusted by 400+ healthcare professionals since 2003
- ✓ Bilingual and easy-to-read reports with supplementary info sheet
- ✓ Work with the world-renowned laboratories and provide test services with a high accuracy rate of over 85%

US Laboratories

- ★ IgE antibody test will be conducted on a FDA-approved system
- ★ IgG antibody test will be tested twice to ensure the highest accuracy

German Laboratory

- ★ Certified with EN ISO 13485, the most qualified scientific assurance
- ★ Strong R&D team for the self-development of antigen reagent

How does our test help?



	Symptoms	After Testing
Yang, 5	Severe eczema, Recurring cold, Frequent high fever & Middle ear infection	Avoid allergens & intake probiotics and fatty acids After two months → skin condition was resolved & faster cure time for cold After three months → ear condition has improved & high fever is less serious After six months → no recurrence of middle ear infection & fewer high fevers
Chloe, 17	Had eczema since she was few months old & Dry, itchy skin Acne problem	Avoid allergens → almost instant improvement in symptoms After four months → symptom free skin
Mr. Wong, 30	Had battled with diarrhea since teenage, yet unable to find the underlying cause	Avoid allergens After one month → diarrhea stopped

*The above testimonials are true clinical cases provided by various medical professionals in appreciation of HK BioTek. For more test information, please visit our website.

*The test is for reference purposes only, and cannot replace the diagnosis and treatment by a medical professional.

